

## CRÈME DE LA CRÈME FACE & BODY CARE MICRODERMABRASION RELEASE FORM:

What is microdermabrasion?

Microdermabrasion uses an adjustable applicator head that removes dead surface skin cells and initiates cellular turnover at the dermis and epidermis levels in a safe controlled manner. This approach respects the integrity of the skin and promotes even healing. Maintaining even cellular growth on the surface aids in the youthfulness of the skin's appearance.

Microderm has been used to treat aging and sun-damaged skin, some types of acne and acne scarring, altered pigmentation, fine lines and wrinkles, and stretch marks. Results may include improved skin tone, fewer breakouts, diminished appearance of scars, even skin color, refined skin pores, renewed elasticity, and a healthy glow.

\_\_\_\_ You may experience excessive dryness or even some peeling between sessions, more sensitive skin or some redness. After your treatment sunblock must be worn at all times and tanning beds should never be used.

\_\_\_\_ Is satisfaction guaranteed?

The majority of my clients receive satisfactory to above average results with a series of treatments. Maximum results are highly dependent on your age, cumulative sun exposure, health, menopause, lifestyle, genetics traits, general skin condition, and your willingness to follow recommended protocols.

### CONTRAINDICATIONS

Active infection of any type, such as Herpes simplex virus or flat warts.

Active acne

Sunburn

Recent use of topical agents such as glycolic acids, alphahydroxy acids and Retin-A

Any recent chemical peel procedure

Uncontrolled diabetes

Eczemea, dermatitis

Skin cancer

Vascular lesions

Oral blood thinner medications

Rosacea

Tottoos

Pregnancy

Use of Acutane within the last year

Family history of hypertrophic scarring or keloid formation

Telangiectasia/erythema may be worsened or brought out by skin exfoliation

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**POST TREATMENT/HOME CARE**

Aerobic exercise or vigorous physical activity should be avoided until all redness has subsided.

Direct sunlight exposure is to be completely avoided immediately following the treatment. If some sun exposure cannot be avoided, first apply sunscreen with and SPF of 30 or greater. Although sunscreen should be a part of your daily skin care, for a minimum of two weeks, a sunscreen with at least 30SPF must be applied.

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Client Name \_\_\_\_\_ (printed) Date:

Client Name \_\_\_\_\_ (signature) Date:

Esthetician \_\_\_\_\_ Date: